Human biomarkers of nociception Potential tools for the prevention, diagnosis and personalized treatment of chronic pain?

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Human biomarkers of nociceptive processing and its modulation

Understanding nociception and pain

• Explore nociceptive processing in humans and its modulation

Tools for the pharmacological development of novel pain treatments

- Pharmacodynamic biomarkers to evaluate target engagement in early-stage clinical trials?
- (Surrogate) biomarkers of clinical efficacy?

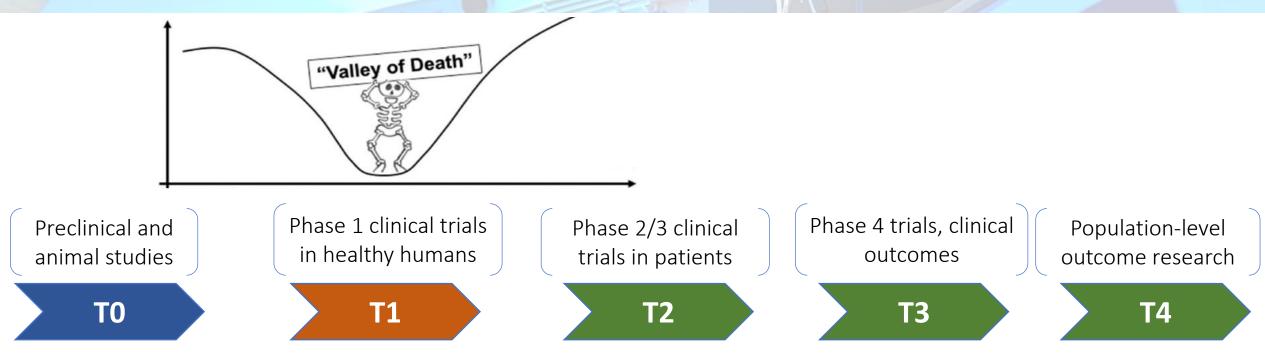
Clinical diagnosis and personalized medicine

- Neuropathic pain : "pain caused by a lesion or disease of the somatosensory nervous system"
- Mechanism-based diagnosis, patient selection and stratification, predicting response to treatment?

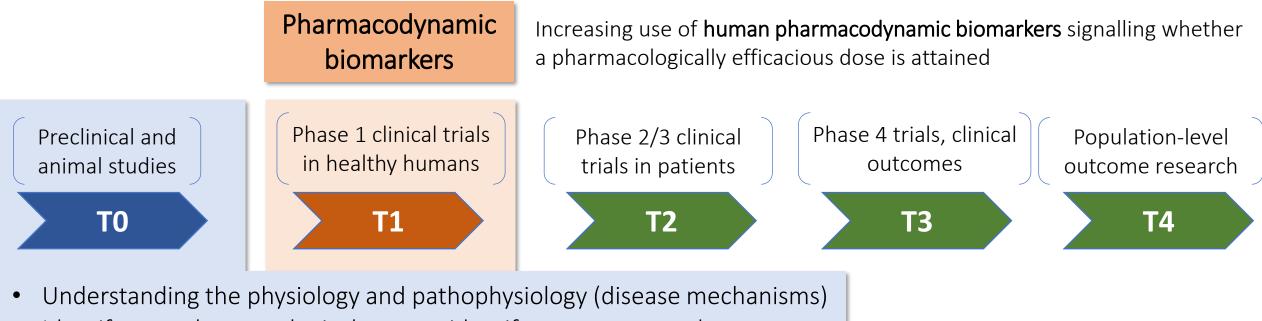
Preventing chronic pain

- Early diagnosis for potential preventive treatments?
- Biomarkers of the susceptibility to develop chronic pain?

Tools for the pharmacological development of novel pain treatments



Tools for the pharmacological development of novel pain treatments

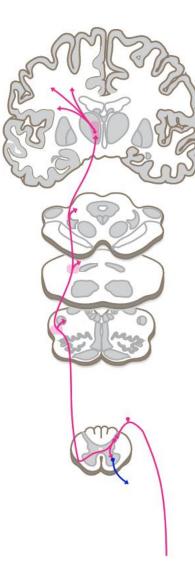


• Identify new pharmacological targets, identify new compounds

Phase 1 clinical trials in humans to determine metabolism, pharmacologic actions and side effects with increasing dose, and obtain <u>early evidence of effectiveness (target engagement, physiological process)</u>.

In healthy volunteer studies, use pharmacodynamic biomarkers of nociceptive processing must be coupled with experimental models that engage and/or mimick the changes in nociceptive function associated with clinical pain.

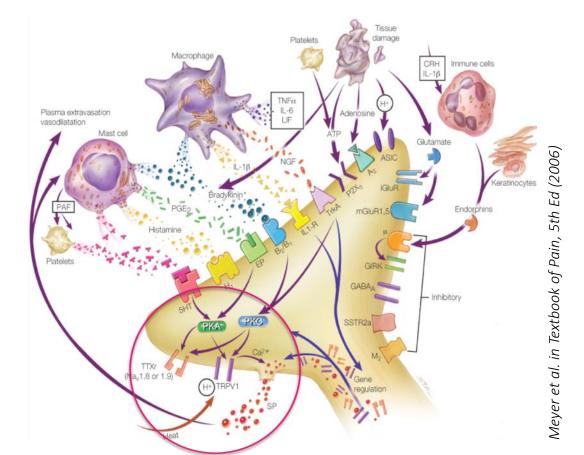
Models to probe nociceptive processing in clinically-relevant states



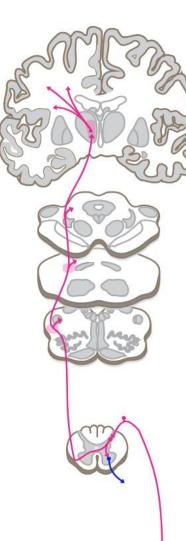
Nociceptive pain Inflammatory pain Nociplastic pain Neuropathic pain

Tissue lesions and pathology produce inflammation and induce changes in the function/structure of peripheral nociceptors leading to **peripheral sensitization**

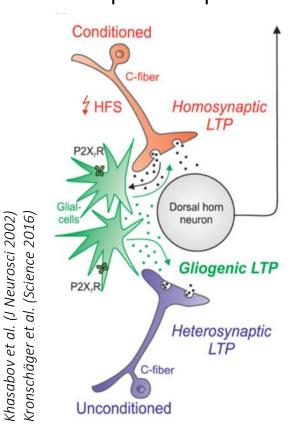
Experimental models of inflammatory pain



Tools to probe nociceptive processing in clinically-relevant states



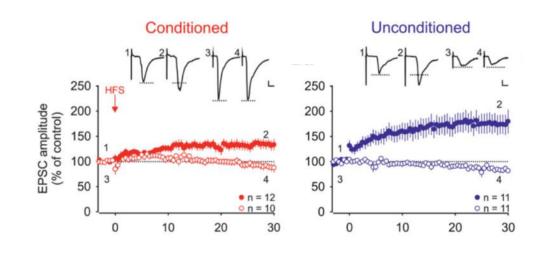
Nociceptive pain Inflammatory pain Nociplastic pain Neuropathic pain



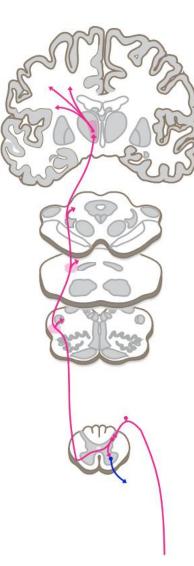
Tissue lesions and pathology produce inflammation and induce changes in the function/structure of peripheral nociceptors leading to **peripheral sensitization**

Sustained peripheral nociceptive input produces functional and structural changes in the CNS leading to **central sensitization** Experimental models of inflammatory pain

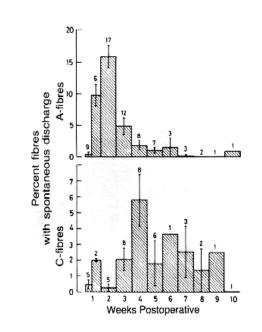
Experimental models of central sensitization



Tools to probe nociceptive processing in clinically-relevant states



Nociceptive pain Inflammatory pain Nociplastic pain Neuropathic pain



Devor in Textbook of Pain, 5th Ed (2006)

Tissue lesions and pathology produce inflammation and induce changes in the function/structure of peripheral nociceptors leading to **peripheral sensitization**

Sustained peripheral nociceptive input produces functional and structural changes in the CNS leading to **central sensitization**

Neuropathic pain. Lesions or disease of the somatosensory nervous system induce functional/structural changes responsible for the positive signs of neuropathic pain (ectopic discharges, ephaptic connexions, ...)

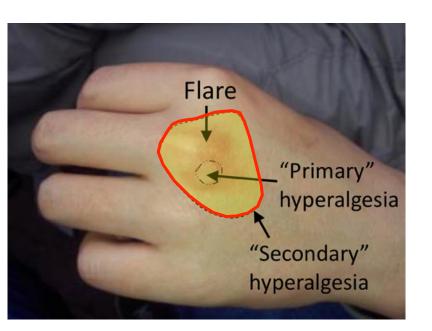
Dysregulation of pain modulation?

Experimental models of inflammatory pain

Experimental models of central sensitization

(Lack) of experimental models of neuropathic pain

Hardy et al. (J Clin Invest, 1950)



Increased pinprick sensitivity

Primary hyperalgesia

"Hyperalgesia associated with tissue damage and occurring at the site of tissue damage"

"is the result of local elaborations of agents which excite terminal pain endings"

Secondary hyperalgesia

"Hyperalgesia associated with tissue damage but occurring in undamaged tissue adjacent and at some distance from the site of injury

"is the result of a central excitatory state (...) in a network of internuncial neurons which intercalate the noxious impulses from visceral, deep somatic and cutaneous tissues" central sensitization

sensitizatio

peripheral

neat hyperalgesia

(pinprick) hyperalgesia

Secondary mechanical

Primary

Human experimental models of nociception in a clinically-relevant state

Chemical

irritants

Injury

Electrical

stimulation

Intradermal capsaicin Topical capsaicin (+heat) Topical menthol **Topical CA** Topical mustard oil Topical sodium lauryl sulfate Intradermal NGF Intradermal glutamate Intradermal acid solutions UVB Burn injury Cold freeze injury Mechanical incision injury Repetitive pinching Intracutaneous LFS Transcutaneous HFS

More than a dozen human experimental models inducing primary and/or secondary hyperalgesia due to peripheral and/or central sensitization have been described.

Human experimental models of nociception in a clinically-relevant state

Intradermal capsaicin	61	1,063
Topical capsaicin (+heat)	47	1,228
Topical menthol		
Topical CA		
Topical mustard oil		
Topical sodium lauryl sulfate		
Intradermal NGF		
Intradermal glutamate		
Intradermal acid solutions		
UVB	28	490
Burn injury	43	940
Cold freeze injury		
Mechanical incision injury		
Repetitive pinching		
Intracutaneous LFS	21	378
Transcutaneous HFS	15	281

More than a dozen human experimental models inducing primary and/or secondary hyperalgesia due to peripheral and/or central sensitization have been described.

REVIEW ARTICLE

- Number of studies

- Number of participants

2021



Human surrogate models of central sensitization: A critical review and practical guide

Charles Quesada ^{1,2} Anna Kostenko ³ Idy Ho ⁴ Caterina Leone ⁵ Zahra Nochi ⁶	I
Alexandre Stouffs ⁷ Matthias Wittayer ³ Ombretta Caspani ³ Nanna Brix Finnerup ⁶	
André Mouraux ⁷ Gisèle Pickering ⁸ Irene Tracey ⁴ Andrea Truini ⁵	
Rolf-Detlef Treede ³ Luis Garcia-Larrea ^{1,2}	

Intradermal capsaicin

Intradermal capsaicin

Topical capsaicin (+heat)

Topical menthol

Topical CA

Topical mustard oil

Topical sodium lauryl sulfate

Intradermal NGF

Intradermal glutamate

Intradermal acid solutions

UVB

Burn injury

Cold freeze injury

Mechanical incision injury

Repetitive pinching

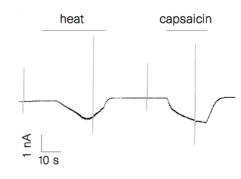
Intracutaneous LFS

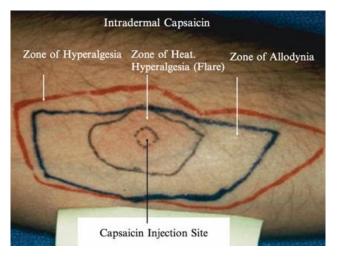
Transcutaneous HFS



61 studies in humans 1,063 participants







- Slightly invasive technique (injection).
- Difficulty to target injection to the dermis layer.
- Requires administration of a pharmacologically-active compound (capsaicin)
- Intense but short-lasting pain during and immediately after injection.
- Limited induction of peripheral sensitization and 1HA.
- Induces 2HA with a high rate of responders (93.3%) lasting 0.5-2 hours.
- No or minimal spontaneous ongoing pain during the testing period.

Topical capsaicin

Intradermal capsaicin

Topical capsaicin (+heat)

Topical menthol

Topical CA

Topical mustard oil

Topical sodium lauryl sulfate

Intradermal NGF

Intradermal glutamate

Intradermal acid solutions

UVB

Burn injury

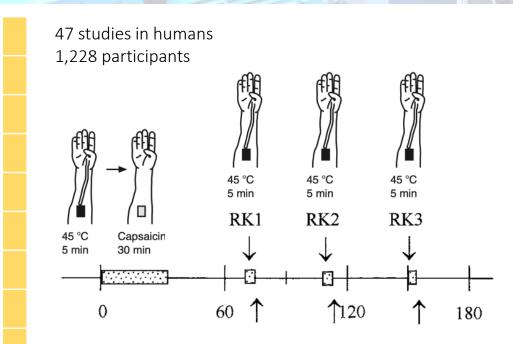
Cold freeze injury

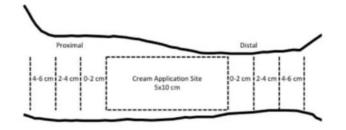
Mechanical incision injury

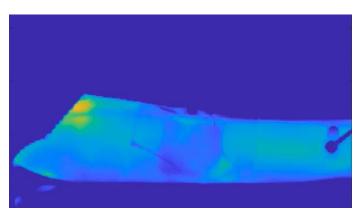
Repetitive pinching

Intracutaneous LFS

Transcutaneous HFS







- Moderate pain at induction (compared to intradermal capsaicin).
- Requires (topical) administration of a pharmacologically-active compound (capsaicin)
- Topical capsaicin alone tends to produce inconsistent results. Variations in capsaicin skin penetration and/or skin temperature may be an important source of inter-individual and between-session variability
- Iterative applications of heat (heat kindling) can be used to sustain the capsaicin-induced 1HA and 2HA during several hours = preferred method.
- Some amount of spontaneous ongoing pain during the testing period.

UVB-induced inflammation

Intradermal capsaicin

Topical capsaicin (+heat)

Topical menthol

Topical CA

Topical mustard oil

Topical sodium lauryl sulfate

Intradermal NGF

Intradermal glutamate

Intradermal acid solutions

UVB

Burn injury

Cold freeze injury

Mechanical incision injury

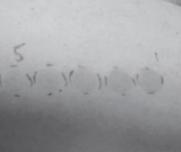
Repetitive pinching

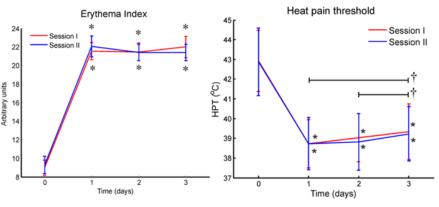
Intracutaneous LFS

Transcutaneous HFS

28 studies in humans 490 participants







- Used extensively as a model mimicking inflammation-related hyperalgesia without ongoing pain.
- UVB dosage defined in each participant relative to "Minimal Erythema Dose" (MED), typically determined 1-7 days before the experiment.
- Erythema and 1HA develops systematically, approximately 6 hours after irradiation, reaching maximum intensity after 12-36 hours.
- Very inconsistent development of 2HA.
- Mechanism of UVB-induced inflammation and sensitization may be mediated primarily through keratinocyte TRPV4 activation in turn triggering inflammation and nociceptor sensitization.
- Skin hyperpigmentation in >50% participants, sometimes visible up to 3 years after exposure.

Dahl Morch et al. (Int J Physiol Pathophysiol Pharmacol, 2013)

High-frequency electrical stimulation of the skin (HFS)

Intradermal capsaicin

Topical capsaicin (+heat)

Topical menthol

Topical CA

Topical mustard oil

Topical sodium lauryl sulfate

Intradermal NGF

Intradermal glutamate

Intradermal acid solutions

UVB

Burn injury

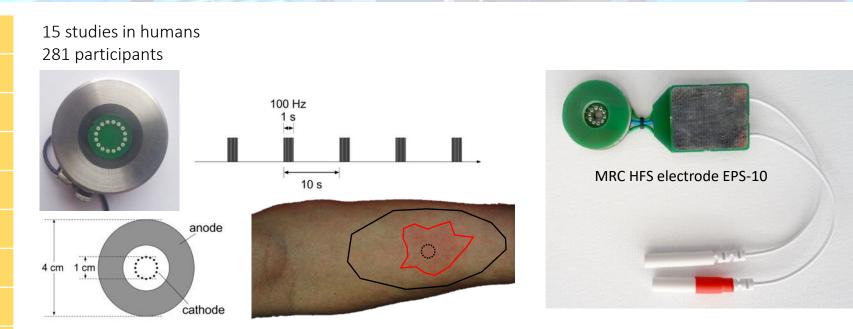
Cold freeze injury

Mechanical incision injury

Repetitive pinching

Intracutaneous LFS

Transcutaneous HFS



- Transcutaneous high-frequency electrical stimulation using a multi-pin surface electrode to induce central sensitization via the direct electrical activation of skin nociceptors.
- Non-invasive and very short lasting induction procedure, but intense unpleasant sensation during stimulation.
- Can be administered in very standardized and operator-independent fashion
- Does not require administration of a pharmacologically-active compound.

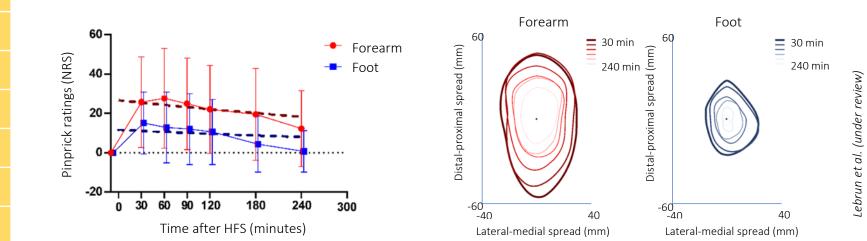
High-frequency electrical stimulation of the skin (HFS)

Intradermal capsaicin

- Topical capsaicin (+heat)
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- Intradermal acid solutions

UVB

- Burn injury
- Cold freeze injury
- Mechanical incision injury
- Repetitive pinching
- Intracutaneous LFS
- Transcutaneous HFS



- Consistent induction of 2HA lasting several hours.
- Minimal and short-lived induction of peripheral sensitization and 1HA.
- No or minimal spontaneous ongoing sensations during testing.
- Can be applied at different body locations (some differences reported pending application site).

Intracutaneous low-frequency stimulation (LFS)

Intradermal capsaicin

Topical capsaicin (+heat)

Topical menthol

Topical CA

Topical mustard oil

Topical sodium lauryl sulfate

Intradermal NGF

Intradermal glutamate

Intradermal acid solutions

UVB

Burn injury

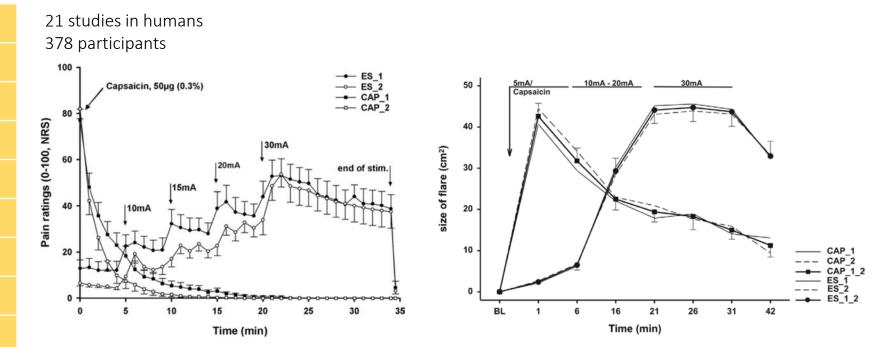
Cold freeze injury

Mechanical incision injury

Repetitive pinching

Intracutaneous LFS

Transcutaneous HFS



- Percutaneous low-frequency stimulation (LFS) as originally described by Koppert et al. (2001):
 - Thin stainless-steel needle inserted intracutaneously (anode).
 - Continuous 5 Hz electrical stimulation. Current gradually increased during the first 15 minutes targeting a pain rating of 5/10, and then kept constant for the remaining of the experiment.
- Slightly invasive technique, but easy to use and well-controlled stimulation.
- Moderate pain during induction.
- Consistent induction of 2HA which can be maintained for several hours.
- Limited amount of inflammation and 1HA (but some neurogenic inflammation)
- Continuous LFS may mimic to some extent the ectopic activity of peripheral neuropathic pain.

Human experimental models of nociception in a clinically-relevant state

Intradermal capsaicin

Topical capsaicin (+heat)

Topical menthol

Topical CA

Topical mustard oil

Topical sodium lauryl sulfate

Intradermal NGF

Intradermal glutamate

Intradermal acid solutions

UVB

Burn injury

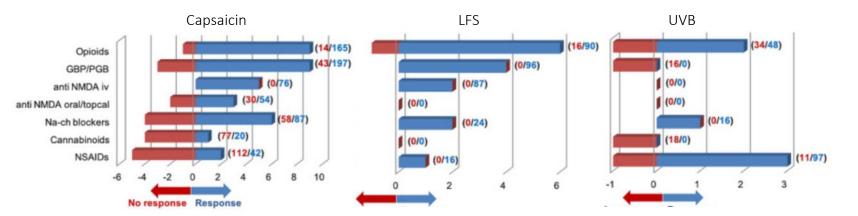
Cold freeze injury

Mechanical incision injury

Repetitive pinching

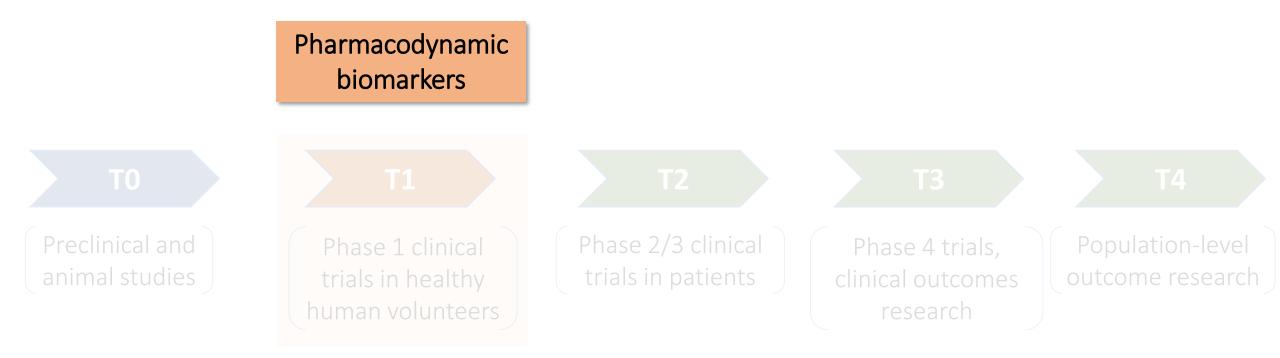
Intracutaneous LFS

Transcutaneous HFS



Quesada et al. (Eur J Pain 2021)

Pharmacodynamic biomarkers of nociceptive processing



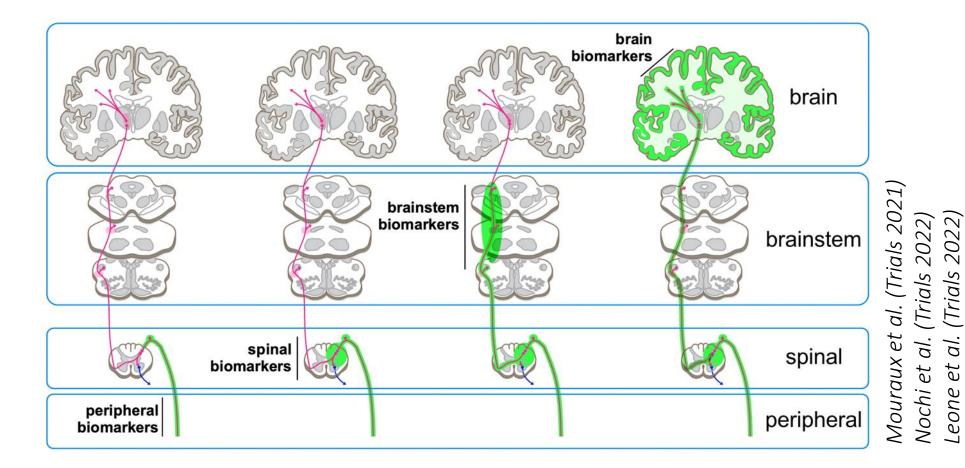
Pharmacodynamic biomarkers for drugs acting on these mechanisms must be coupled with experimental models of pain that engage and/or mimick these mechanisms.

Clinically-relevant experimental models Pain in the context of inflammation / peripheral sensitization Pain in the context of central sensitization

Neuropathic pain

Pharmacodynamic biomarkers of nociceptive processing

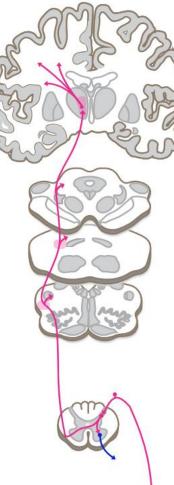
An array of pharmacodynamic biomarkers sensitive to drug effects on nociception can be derived from non-invasive or minimally-invasive measures of peripheral and central nervous system activity.

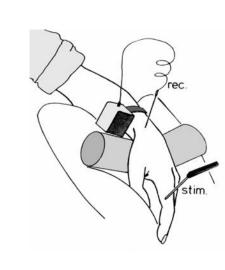


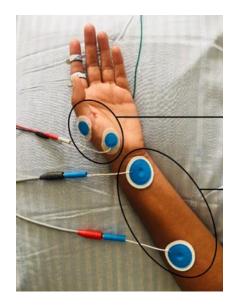
http://imi-paincare.eu

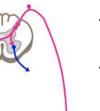
Care

-Pain



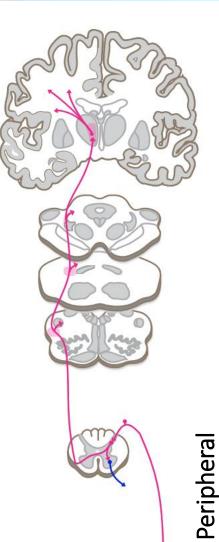






- Microneurography
- Nerve excitability testing (NET) and perceptual threshold tracking (PTT)

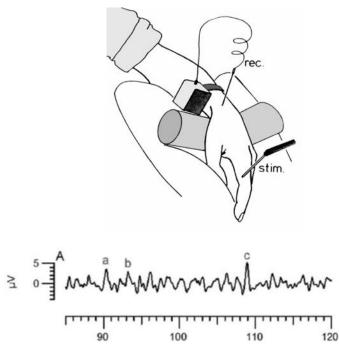
Peripheral biomarkers •••



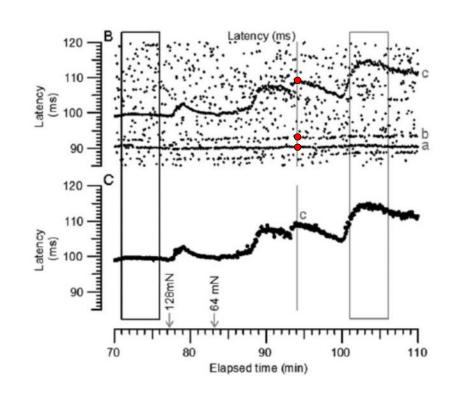
biomarkers

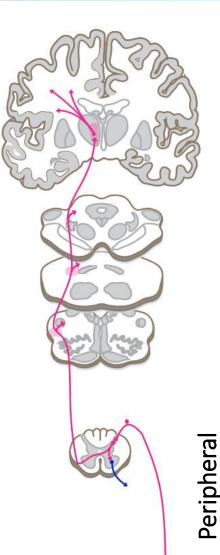
Microneurography

Spontaneous activity-dependent slowing as a marker of abnormal spontaneous discharges in C-fiber nociceptors



Serra et al. (Ann Neurol, 2018)



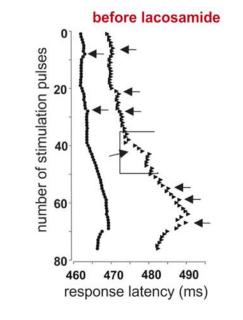


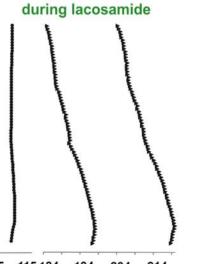
biomarkers

Microneurography

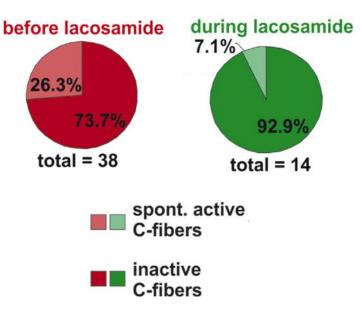
Spontaneous activity-dependent slowing as a marker of abnormal spontaneous discharges in C-fiber nociceptors

Therapy-refractory Caucasian patient suffering from SFN for over ten years Microneurography before and during treatment with lacosamide

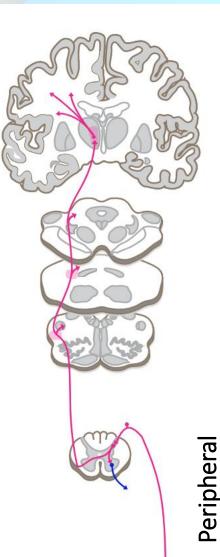




105 115 184 194 204 214 response latency (ms)



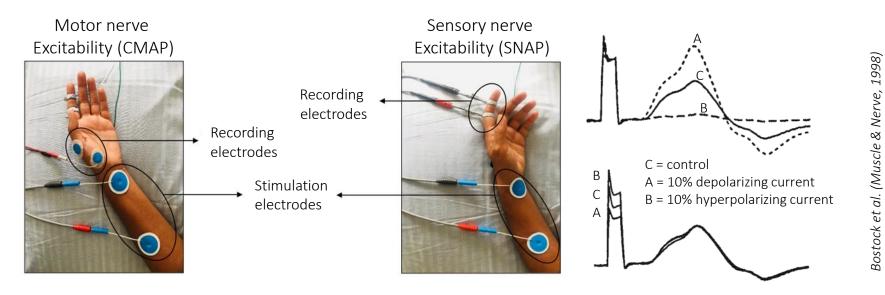
Namer et al. EBioMedicine (2018)



Nociceptive

stimulus

Nerve excitability testing (NET)

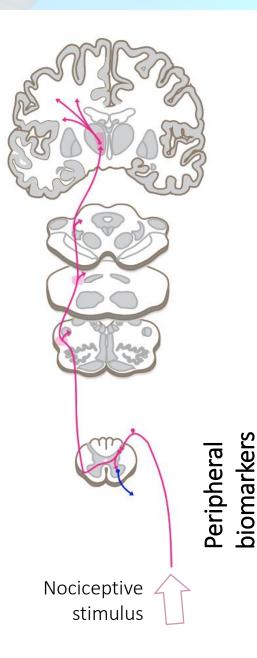


Threshold tracking

biomarkers

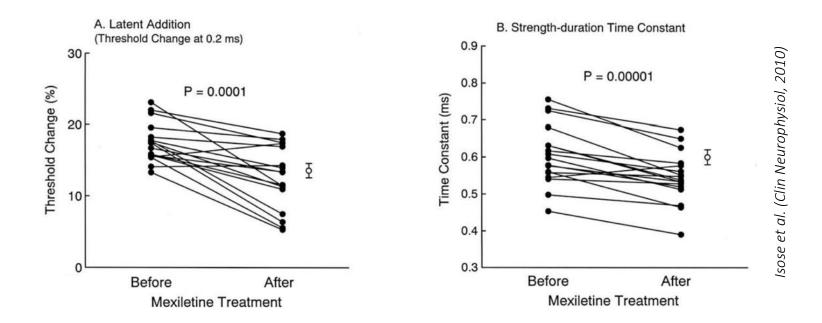
Automatic adjustment of stimulation intensity to reach a target response amplitude. Assess differences in threshold as a function of stimulation parameters. Assess drug-induced effects on the estimated thresholds

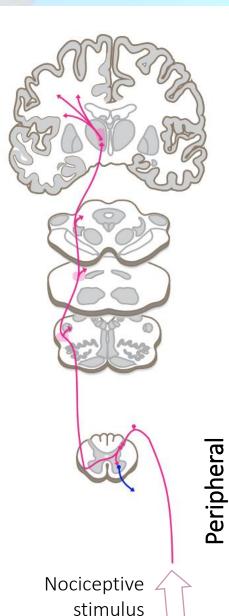
By varying the parameters of the test pulse or combining the test pulse with a conditioning stimulus, several measures can be derived that are sensitive to membrane potential and to nodal/internodal changes in membrane potential caused by activation of ion channels and electrogenic ion pumps.



Nerve excitability testing (NET)

Mexiletine treatment in a group of patients with neuropathic pain



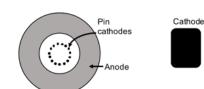


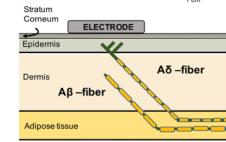
Nerve excitability testing (NET)

Conventional NET only assess excitability of non-nociceptive large-diameter fibers.

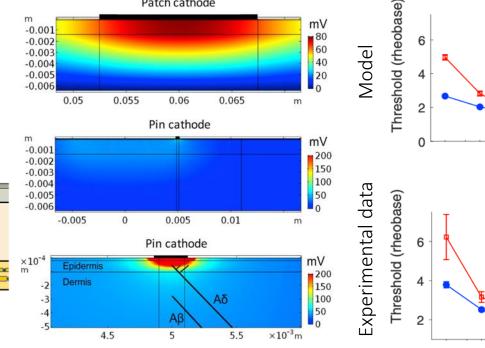
Focal pin electrode designed to **preferentially activate epidermal nociceptive afferents**. Adjustment of intensity to reach a **target percentage of detected stimuli (perception)**.

Patch cathode





biomarkers



Strength-duration curve

10⁰

10⁰

Pulse duration (ms)

Pulse duration (ms)

 $A\delta$ model

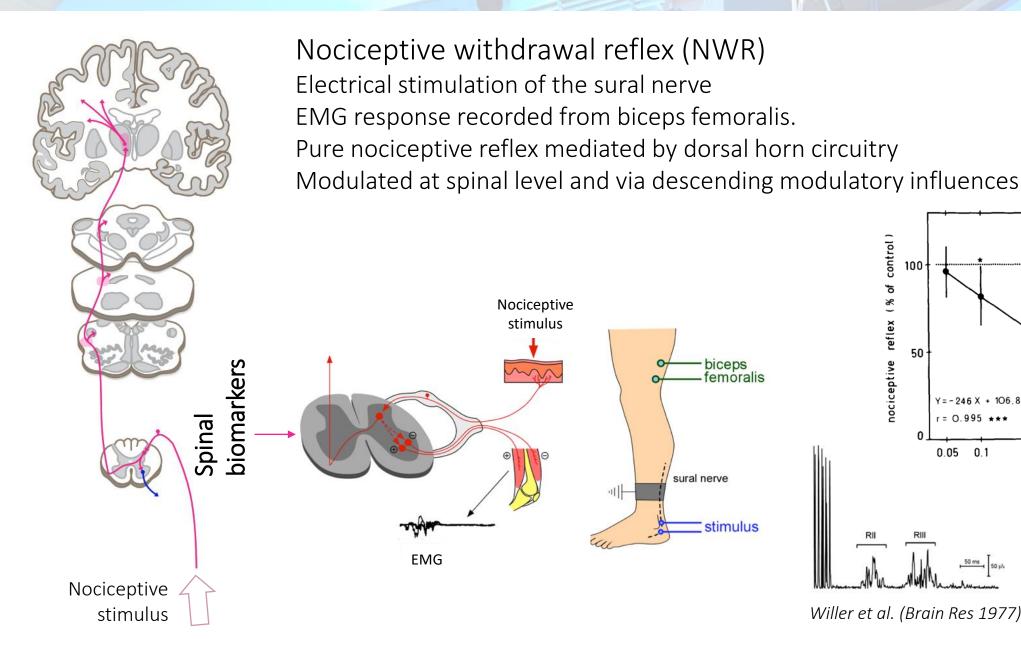
Aß model

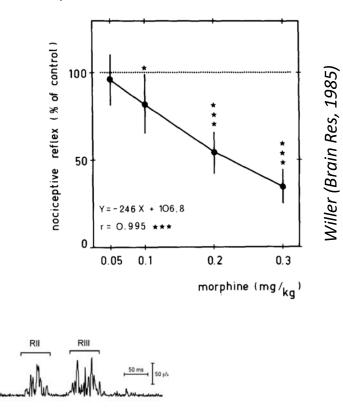
10¹

Pin electrode

Patch electrode

10¹



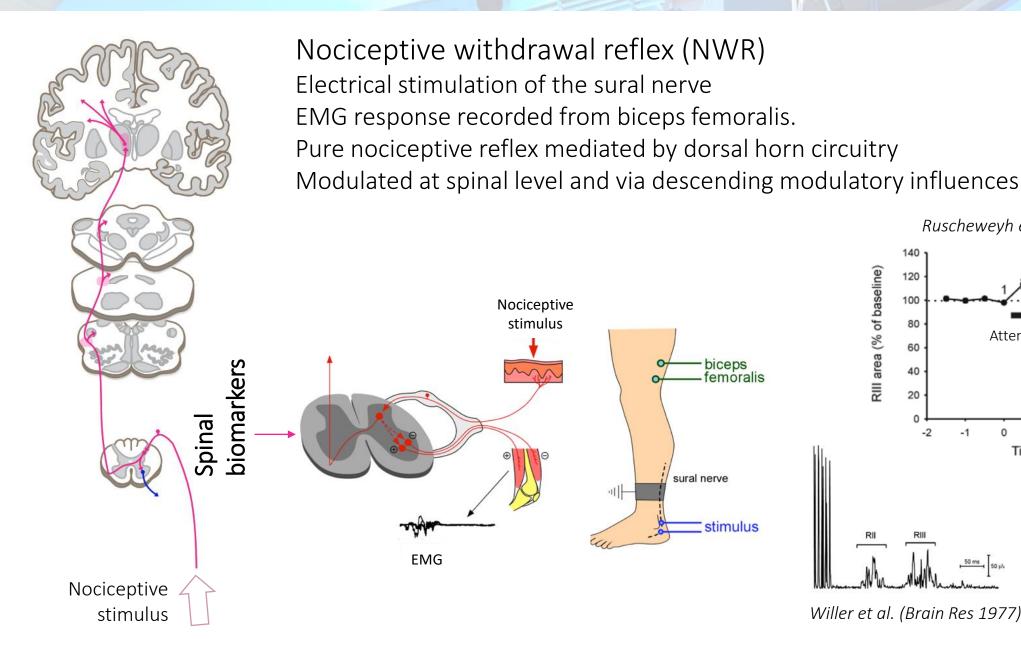


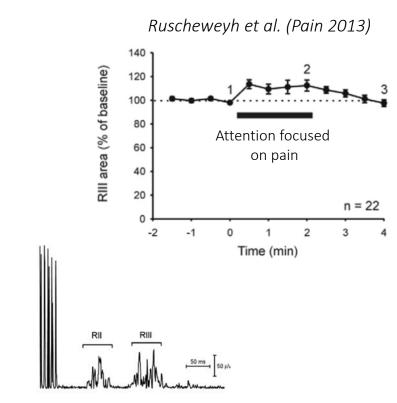
Willer et al. (Brain Res 1977)

biceps femoralis

stimulus

sural nerve



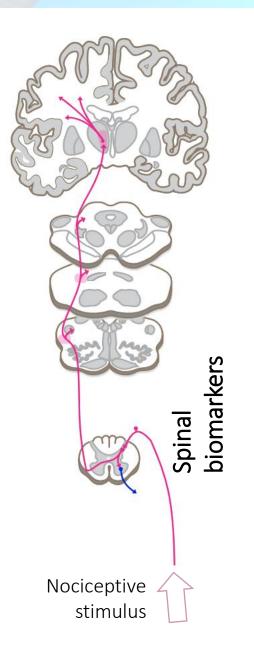


Willer et al. (Brain Res 1977)

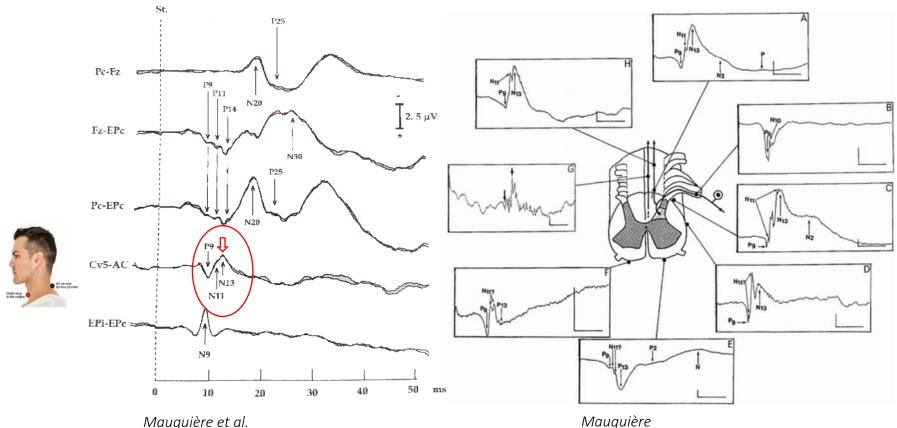
biceps femoralis

stimulus

sural nerve

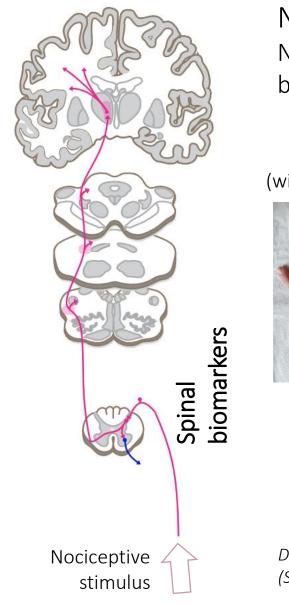


N13 cervical component of upper-limb somatosensory-evoked potentials Electrical stimulation of the median or ulnar nerve at the level of the wrist N13 SEP reflects the response of dorsal horn neurons to non-noxious inputs.

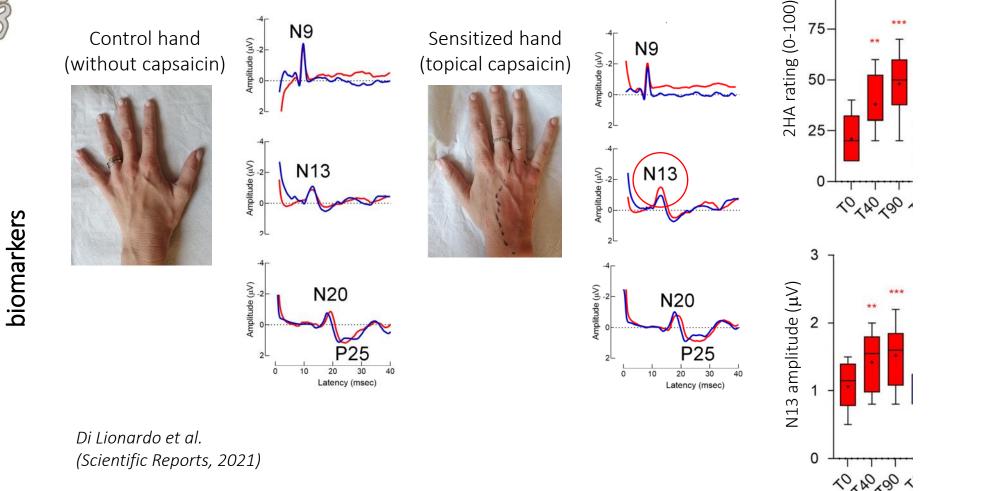


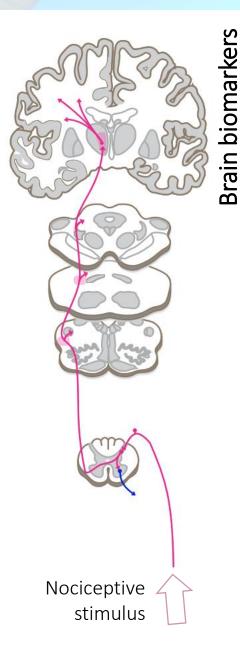
(Electroencephalogr Clin Neurophysiol Suppl, 1999)

(J Clin Neurophysiol, 2000)



N13 cervical component of upper-limb somatosensory-evoked potentials N13 SEP may be sensitive to changes in dorsal horn excitability and might be used as a biomarker of central sensitization in human studies.





Spontaneous brain activity

- EEG
- Functional MRI

- ...

Stimulus-evoked brain activity

- Event-related brain potentials
- Stimulus-evoked fMRI-BOLD responses

- ...

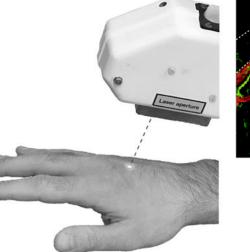
Nociceptive heat-evoked brain potentials

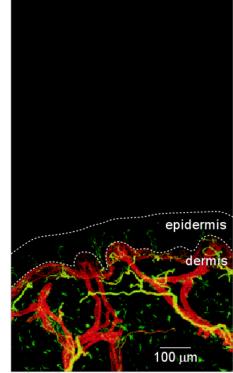
Brain biomarkers

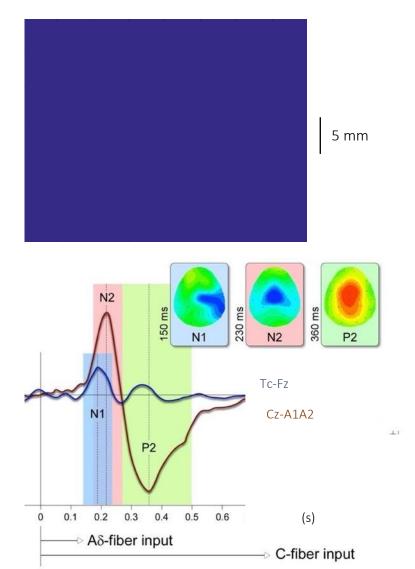
Nociceptive stimulus

Laser-evoked brain potentials









Nociceptive heat-evoked brain potentials

Brain biomarkers

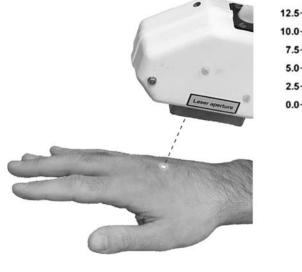
Nociceptive stimulus

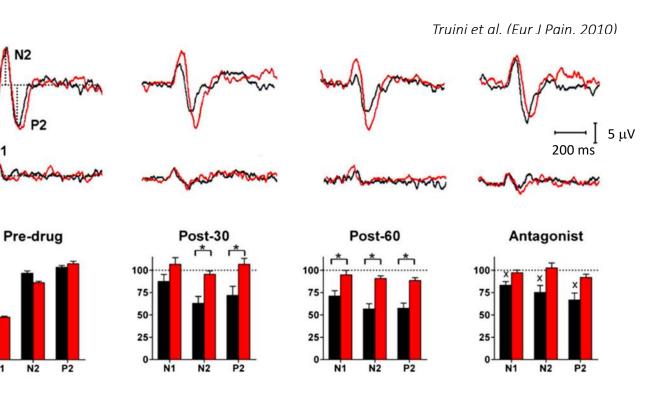
Laser-evoked brain potentials

N1

N1







Single dose of tramadol (IM, 100 mg) vs. placebo in healthy volunteers





Nociceptive heat-evoked brain potentials

Brain biomarkers 65 I 60 55 temperature (°C) 50 45 40 35 30 0.1 0.2 0 Nociceptive time (s) stimulus

Contact heat-evoked potentials

CO₂ laser stimulus (55°C)

contact heat (55°C)

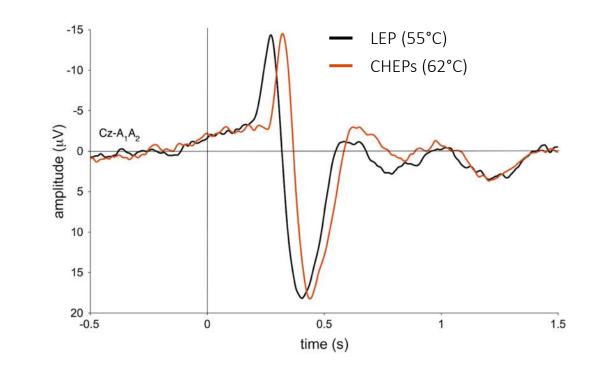
contact heat (62°C)

0.4

0.5

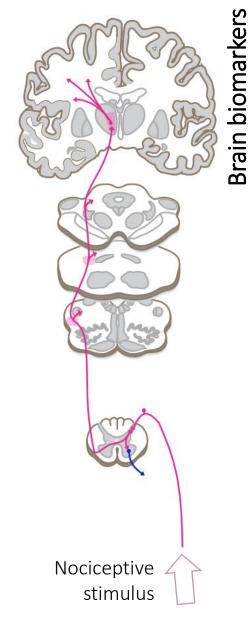
0.3

Micro-Peltier elements able to achieve heating ramps up to 300°C/s

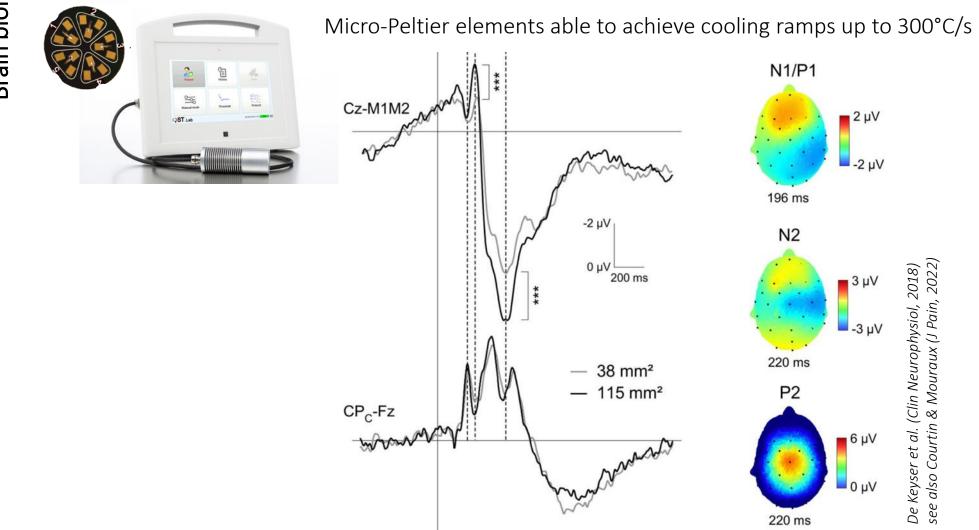


Lejeune et al. (Clin Neurophysiol, in press) see also De Schoenmacker et al. (Sci Rep, 2021; Sci Rep, 2022)

Cold-evoked brain potentials



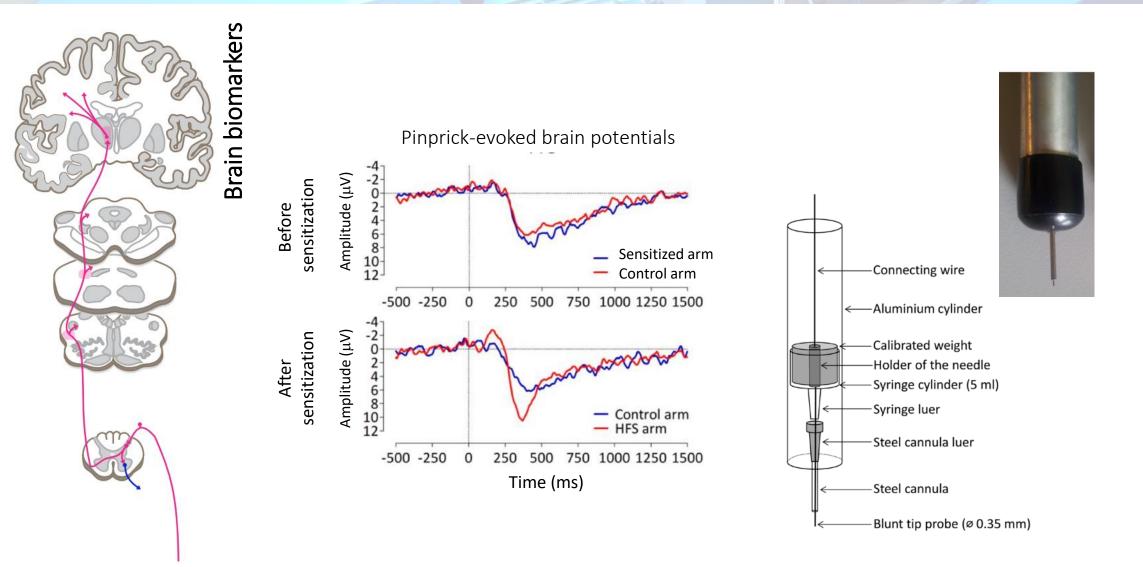
Contact cold-evoked potentials



Mechanical pinprick-evoked brain potentials

Nociceptive

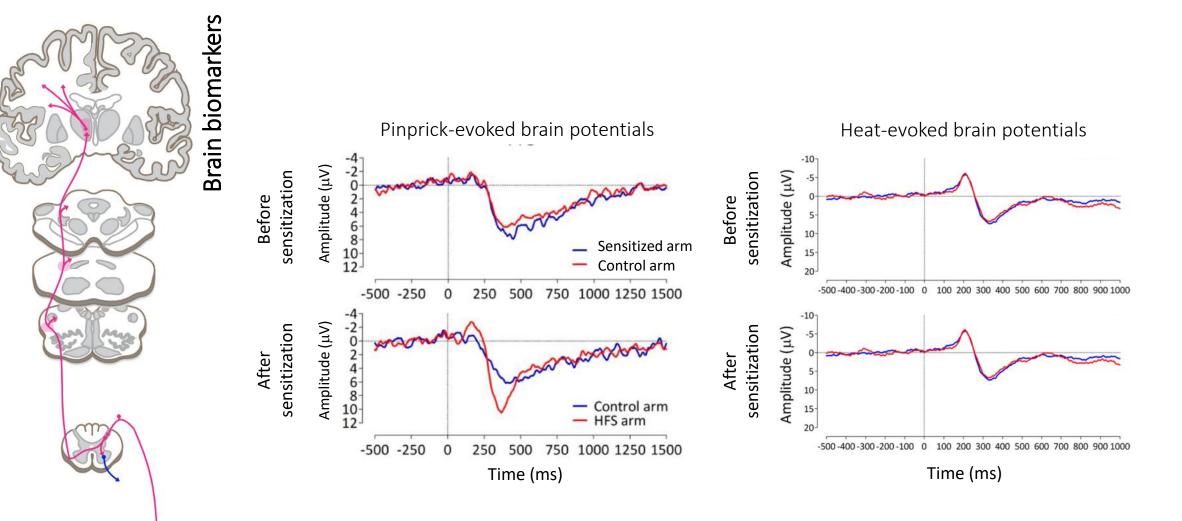
stimulus



Mechanical pinprick-evoked brain potentials

Nociceptive

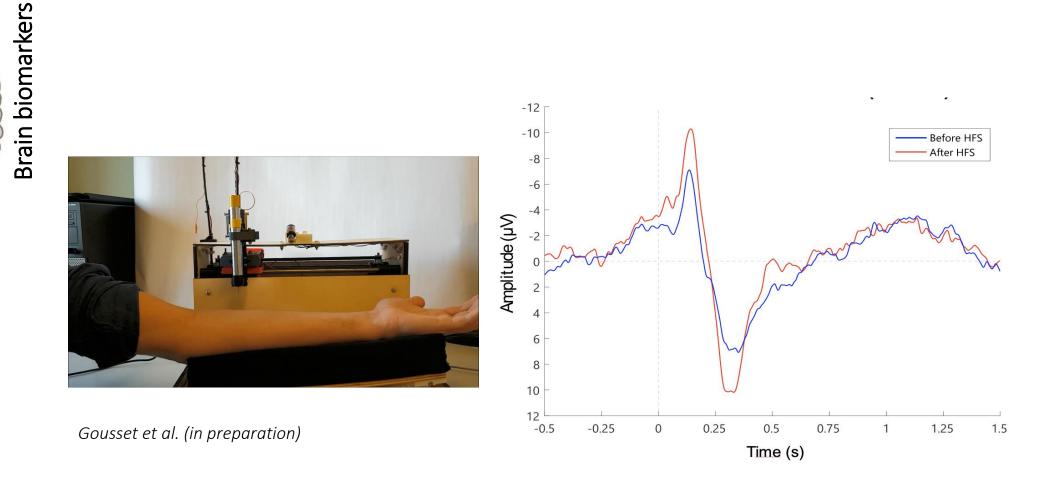
stimulus



van den Broeke et al. (J Neurophysiol 2014) Van den Broeke et al. (Clin Neurophysiol 2020)

Mechanical pinprick-evoked brain potentials

Nociceptive stimulus



Understanding nociception and pain

• Explore nociceptive processing in humans and its modulation

Tools for the pharmacological development of novel pain treatments

- Pharmacodynamic biomarkers to evaluate target engagement in early-stage clinical trials?
- (Surrogate) biomarkers of clinical efficacy?

Clinical diagnosis and personalized medicine

- Neuropathic pain : "pain caused by a lesion or disease of the somatosensory nervous system"
- Mechanism-based diagnosis, patient selection and stratification, predicting response to treatment?

Preventing chronic pain

- Early diagnosis for potential preventive treatments
- Biomarkers of the susceptibility to develop chronic pain?

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Clinical diagnosis of neuropathic pain

IASP definition of neuropathic pain (2019)

"(...) pain caused by a lesion or disease of the somatosensory nervous system"

	Positive symptoms	Ongoing or intermittent spontaneous pain Intermittent electric-shock-like pain paroxysms Touch-evoked or cold-evoked allodynia Mechanical and/or thermal hyperalgesia Aftersensations Hyperpathia Referred pain to denervated area		
Neuropathic pain				
Loss of function	Negative symptoms	Sensory loss		
		diagnosis of neuropathic pain		

NeuPSIG guidelines on neuropathic pain assessment (Pain, 2011)

"Laser-evoked potentials are established as useful for assessing function of the A-delta fiber subcortical pathways in patients with neuropathic pain."

200 ms

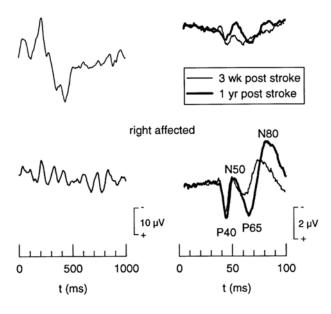
Cruccu et al. (Eur J Neurol 2010)

Lorenz et al. (Neuroreport 1998) Central post-stroke pain following lateral brainstem infarction

LEP



left nonaffected



Squintani et al. (EJP 2014) Trigeminal contact neuralgia before and after microvascular decompression (MVD)

Healthy side Painful side Before MVD M^2_{P2} M^2_{P2} After MVD M^2_{P2} M^2_{P2} M^2_{P2} M^2_{P2}

Correlation between LEP magnitude and IENF density

baseline

80

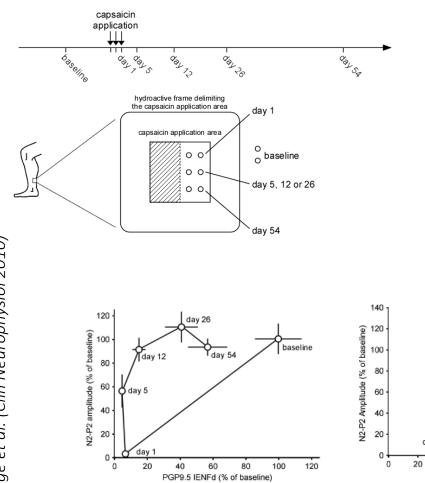
100

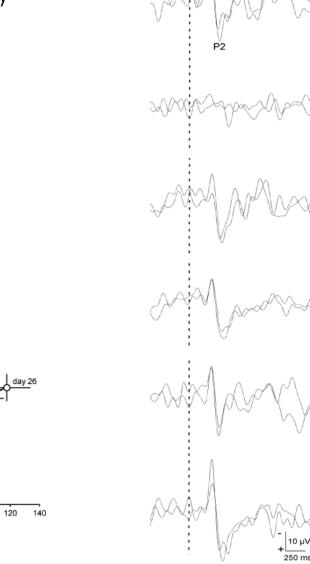
60

GAP43 SEFd (% of baseline)

40

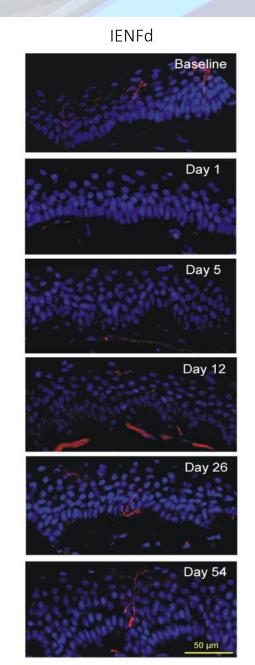
Capsaicin-induced IENF ablation Correlation between LEP magnitude and IENF density





Αδ-LEP

 C_Z



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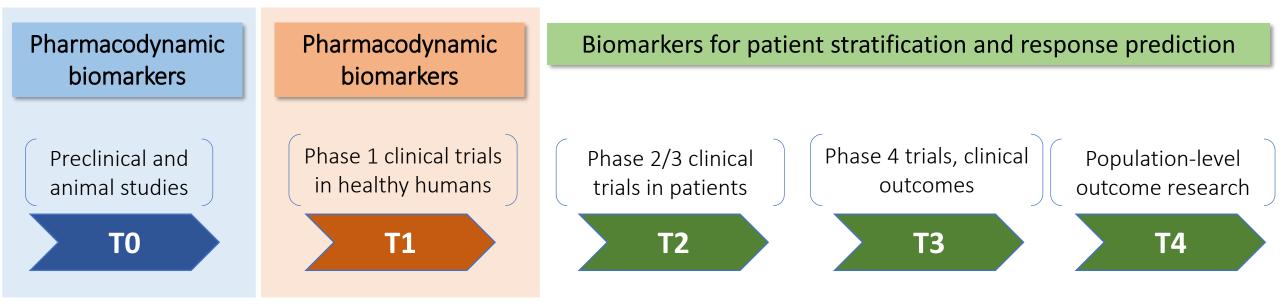
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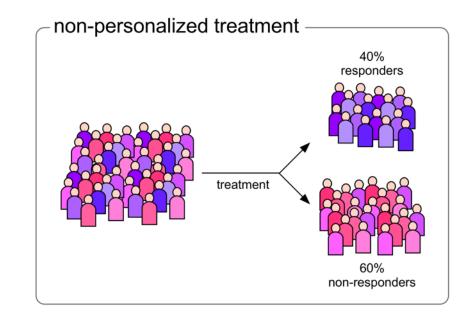
Preventing chronic pain

• Biomarkers of the susceptibility to develop chronic pain?

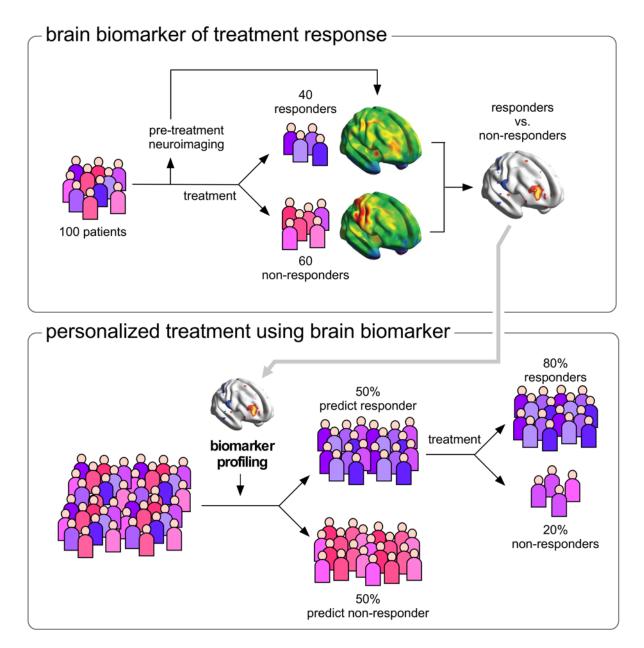
Biomarkers for patient selection and response prediction



Biomarkers for patient selection and response prediction



Mouraux & Iannetti (Brain, 2018)



Predicting response to treatment : "irritable nociceptor" phenotype

97 patients with peripheral neuropathic pain, treated with oxcarbazepine vs placebo

(polyneuropathy, surgical/ traumatic nerve injury, postherpetic neuralgia)

Washout

1 week

Washout

1 week

Washout

1 week

Washout

1 week

Baseline 2

1 week

Baseline 2

1 week

Baseline 2

1 week

Baseline 2

1 week

QST : 31 patients with "irritable nociceptor phenotype" vs 52 patients with "non-irritable nociceptor phenotype"

Oxcarbazepine

6 weeks

Placebo

6 weeks

Oxcarbazepine

6 weeks

Placebo

6 weeks

"Irritable nociceptor" phenotype

R

QST

R

IN

NIN

Baseline 1

1 week

Tapering off

medication

- r dynamic mechanical allodynia
- or reduced mechanical or pressure threshold

Oxcarbazepine

6 weeks

Placebo

6 weeks

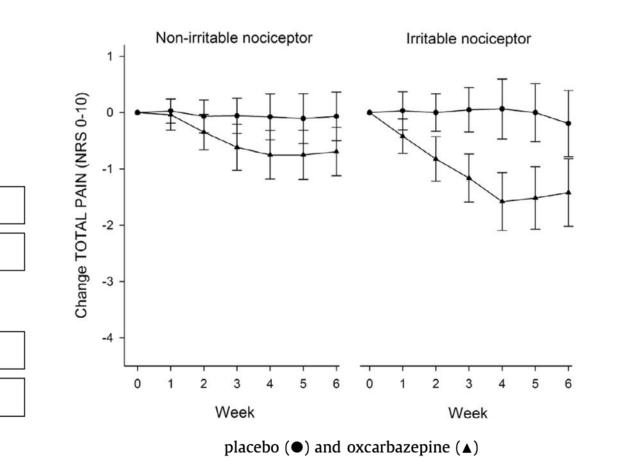
Oxcarbazepine

6 weeks

Placebo

6 weeks

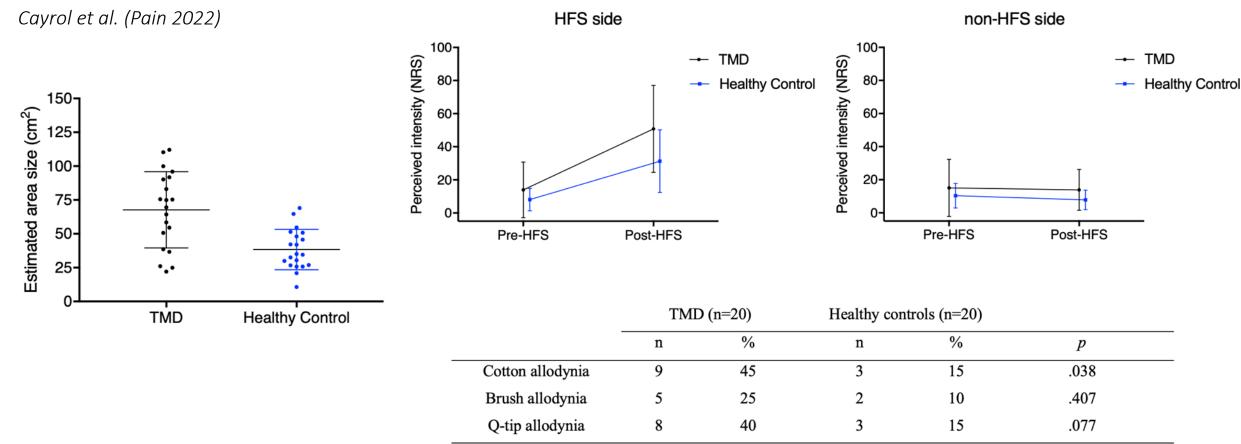
- or increased mechanical pain sensitivity
 - reduced cold or heat pain threshold



Mechanism-based diagnosis : central sensitization

HFS to evaluate the susceptibility to develop central sensitization

Patients with painful temporo-mandibular disorder (TMD)

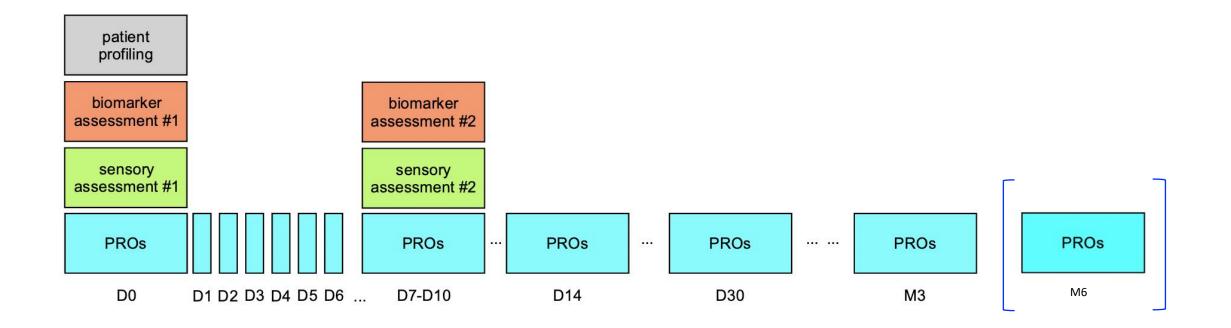


n, number of occurrences of allodynia. %, percentage of individuals within a group.

Predicting response to treatment : QSPainrelief-patientCNS study



Drug effects on CNS biomarkers to be compared with clinical therapeutic effects in patients initiating pharmacological treatment for persistent post-surgical pain.



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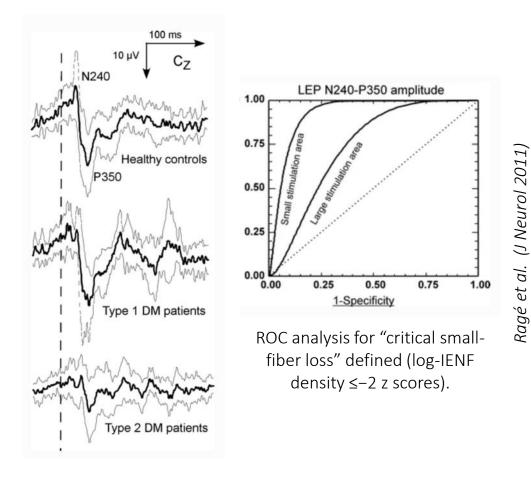
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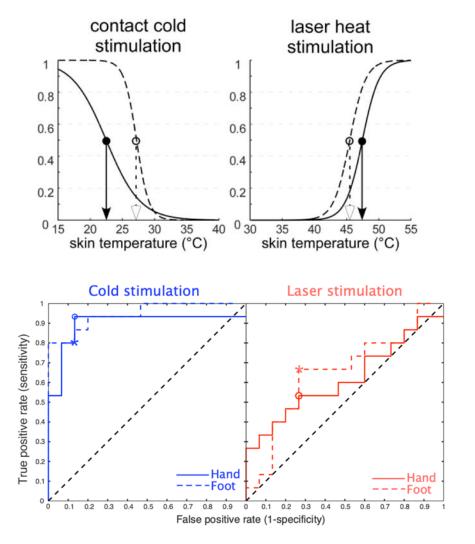
Preventing chronic pain

- Early diagnosis for potential preventive treatments
- Biomarkers of the susceptibility to develop chronic pain?

Preventing chronic pain : early diagnosis

Biomarkers to identify patients at risk of developing small fiber neuropathy?

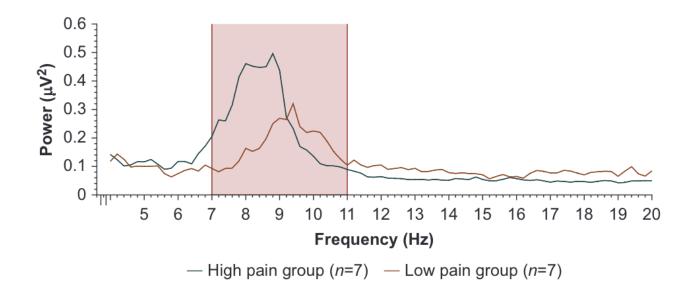




Preventing chronic pain : susceptibility to develop persistent PSP

Millard et al. (Br J Anesth, 2022)

Pilot study in 16 patients undergoing surgery (thoracotomy) for lung cancer Median split: « low » vs « high » pain based on post-operative pain ratings <72h after surgery

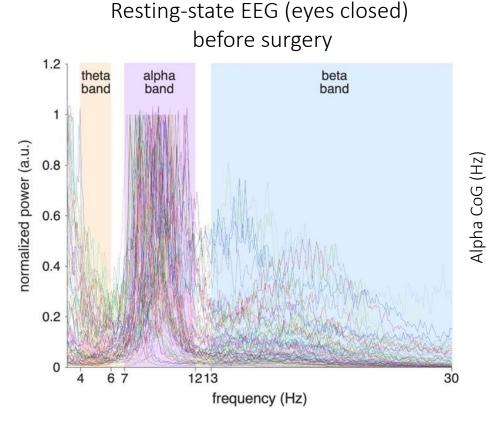


Peak alpha frequency (PAF) is reduced in high pain group compared to low pain group

Preventing chronic pain : susceptibility to develop persistent PSP

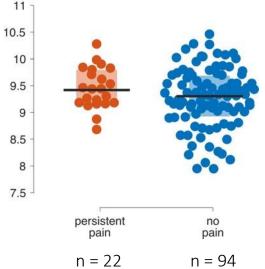
Lenoir et al. (ongoing study)

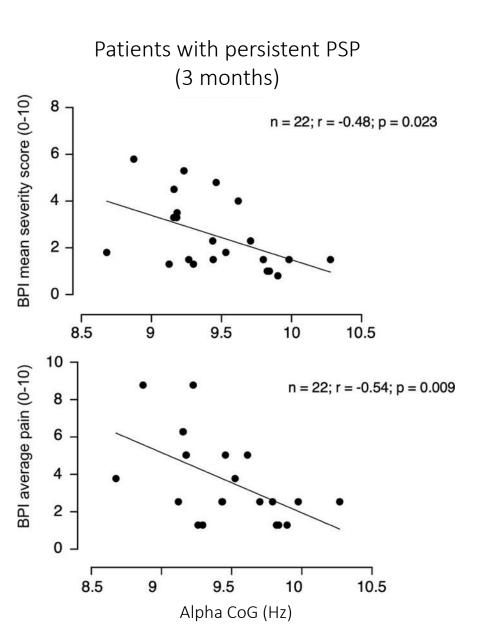
116 pain-free patients, aged 66.4 ±10.2 years (17 women) Planned for median sternotomy





Peak alpha frequency (PAF)





Preventing chronic pain : susceptibility to develop persistent PSP

Martinez et al. (Pain, 2012)

Table 2 Factors predictive of neuropathic CPSP in univariate analysis. ^a					
Characteristic	Patients without Neuropathic CPSP, <i>N</i> = 63 (76.8%)	Patients with Neuropathic CPSP, <i>N</i> = 19 (23.1%)	Ρ		
Area of secondary hyperalgesia 24h postoperative (cm ²)	33.3 ± 44	88 ± 54	.001		



van den Broeke et al. (ongoing study)

Ongoing clinical study to evaluate whether pre-operative susceptibility to develop HFSinduced secondary mechanical hyperalgesia predicts the severity of post-surgical pain and/or the subsequent development of persistent post-surgical pain.

ClinicalTrials.gov Identifier: NCT04220697



Vladimir Aron



Arthur Courtin



Dellia Della Porta



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Solenn Gousset

Roberta Gualdani



Emmanuel Hermans



Julien Lambert



Louisien Lebrun





Cédric Lenoir



Monika Halicka

Chiara Leu



Arnaud Steyaert



Giulia Liberati

Carlo Matej



Marc-Henri Louis

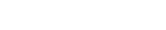


Dominikla Sulcova











Dounia Mulders



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