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Newsletter 5 - April 2025

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Welcome to our 5th newsletter! **QSPainRelief** is an international, collaborative **Horizon 2020** research project, funded by the European Commission, that brings together **10 partner institutions** from 5 European countries and the

effective combinational treatment of chronic pain in individual patients. In our newsletter, we inform you of scientific advances in the project, new team members, events, and other relevant news. Watch the project video below to gain an overview of what QSPainRelief is all about. Sign up here to receive our newsletter. We wish everyone a wonderful and sunny Spring time!

Follow QSPainRelief on Bluesky Social

In support of the democratic principles of the European Union (EU), QSPainRelief has deactivated its social media account on X and joined Bluesky Social instead. Please follow frequent updates about QSPainRelief via the project's Bluesky account (handle: @gspainrelief.bsky.social).

Just click on the link above or scan the QR Code below. It's very easy to set up an account and follow us - See you there!



April 10th - Webinar about PAIN W.I.S.E Grant

Pain Alliance Europe (PAE) is hosting a webinar this week introducing the PAIN W.I.S.E. Grant:

- Thursday, 10 April 2025
- 17:00 19:00 h Central European Summer Time (CEST)
- You can register through this link.

This introductory webinar about a new, patient-centred grant is addressed to all members and organisations of PAE and academic stakeholders such as scientists, clinicians, and early-career researchers in the field of pain research.

information on how to apply, as well as the timeline and important dates for the application process will be presented in the webinar.



ONLINEWEBINAR

JOIN US!

THURSDAY, 10 APRIL 17:00-19:00 PM CEST Introducing:

PAIN W.I.S.E. GRANT

An introductory webinar on the new, patient-centric, grant of Pain Alliance Europe. Introducing:

- the new scope and aim of the grant
- basic info on how to apply
- · timeline and important dates

If you are working in the pain community, close to patients and/or patient organizations, this webinar is something you should not miss.

For more information and to register for the webinar, please contact us: info@pae-eu.eu

QSPainRelief member activities at EFIC 2025

The 14th Congress of the European Pain Federation (EFIC 2025) is just around the corner (24 – 26 April 2025, Lyon, France) and has the theme "Comorbidity of chronic pain and mental health disorders: Breaking the cycle". Register here and view the full programme. These are the presentations of QSPainRelief members at this year's congress:

EFIC 2025 Congress: Theme, Programme Highlights & Multidisciplinary Sessions

- <u>Speaker</u>: André Mouraux (UCL)
- Pain and Pastries: ECR Orientation Session

Preoperative susceptibility to developing secondary hyperalgesia is associated with post-thoracotomy pain at two months

- Presenter: Solenn Gousset (UCL)
- Poster Prize Oral Presentation Session I: Basic and Translational Thursday, 24 April 2025, 08:42 – 08:48 h

Foyer Rhône: ePoster Foyer (Level Rhône Pasteur)

Regular Poster Presentation – Pain Syndromes
 Friday, April 25, 12:30 – 14:00 h
 Forum 4 & 5: Exhibition & Poster Area (Level Forum)

Nociceptive-evoked potentials triggered by heat, cold and mechanical stimulation: from laboratory tools to clinical practice

- Speaker: André Mouraux (UCL)
- Clinical Demonstration Workshop: Why and How Clinical Neurophysiology Can Be Used to Evaluate and Stratify Patients with Chronic Pain. Towards Objective Sensory Testing
- Friday, April 25, 16:25 16:50 h
- Auditorium Pasteur (Level Rhône Pasteur)

In addition to the above mentioned presentations, Andrea Bedini (UNIBO) and André Mouraux (UCL) are chairing and/or moderating the following sessions:

Poster Prize Presentation Session I: Basic and Translational

- Thursday, April 24, 08:00 09:00 h
- Foyer Rhône: ePoster Foyer (Level Rhône Pasteur)

Poster Prize Presentation Session II: Basic and Translational + Clinical

- Friday, April 25, 08:00 09:00 h
- Foyer Rhône: ePoster Foyer (Level Rhône Pasteur)

Pain and Pastries: Integrating Research into your Clinical Practice

- Friday, April 25, 08:00 09:00 h
- Rhône 2 (Level Rhône Pasteur)

Neuroimaging Chronic Pain within a Biopsychosocial Framework

- Friday, April 25, 15:00 15:30 h
- Auditorium Lumière (Level Lumière)

Guided Poster Walk: Chronic Pain in the Aging Population





14TH CONGRESS OF THE EUROPEAN PAIN FEDERATION EFIC®

24-26 APRIL 2025 | LYON, FRANCE

EFIC-CONGRESS.ORG #EFIC2025

Recently completed QSPainRelief PhD theses



On 25 March 2025, Solenn Gousset (UCL) publicly defended her PhD thesis "Novel approaches to investigate central sensitization: From experimental models to clinical perspectives" and was awarded the title of Doctor of Biomedical Science. André Mouraux (UCL) and Jeroen Elassaiss-Schaap (ULEI and PD-value) served as members of the thesis committee/jury. Congratulations!

In October 2024, Elisabetta Cuna (UNIBO) successfully defended her PhD thesis entitled "Beyond single-drug treatment of chronic pain: Dissecting the molecular effects of pregabalin and $\Delta 9$ -THC on opioid-signalling modulation to implement innovative pharmacotherapy via a Quantitative Systems Pharmacology-based platform" under the supervision of Andrea Bedini and Monica Baiula (UNIBO). Superbly done!



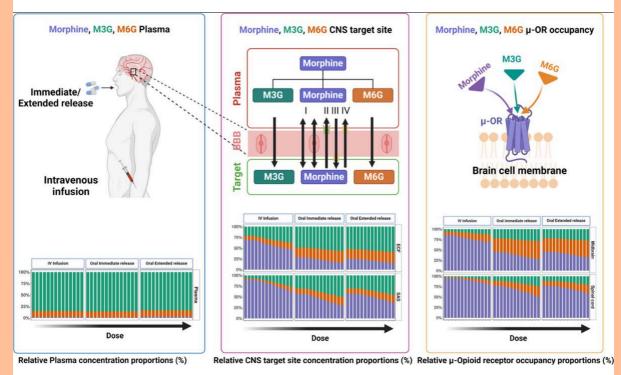
New Publications

We would like to highlight the following recent first-author publications by QSPainRelief early-career scientists (ECS):

 Bakker WA et al. (2025). Application of a Nociceptive Test Battery to Assess Potential Synergy between Two Analgesics in Healthy Subjects. ACS Pharmacol Transl Sci, Volume 8, Issue 3: pp. 819 - 830.

and its metabolites in pain matrix. British Journal of Pharmacology: pp. 3856 - 3868. See Graphical Abstract below.

- Gousset S et al. (2025). Preoperative susceptibility to developing secondary hyperalgesia is associated with post-thoracotomy pain at 2 months. European Journal of Pain, Volume 29, Issue 1: e4768.
- Gousset S et al. (2024). Studying the Effect of Expectations on High-Frequency Electrical Stimulation-Induced Pain and Pinprick Hypersensitivity. The Journal of Pain, Volume 25, Issue 12, eID: 104682.



Graphical Abstract of Budda et al. (2024)

Save the Dates

- 24 26 April 2025 | EFIC 2025 | Lyon, France
- 08 11 July 2025 | INRC 2025 | Bologna, Italy

The International Narcotics Research Conference (INRC 2025) is a unique opportunity to share and discuss the most recent updates in opioid research. The program includes keynote speakers, a founder's lecture, a Young Investigator Award lecture, symposia, hot-topic oral communications, and poster sessions. The scientific programme is co-organised by QSPainRelief member Andrea Bedini (UNIBO).

04 - 06 September 2025 | NeuPSIG 2025 | Berlin, Germany

- 15 19 November 2025 | SfN 2025 | San Diego, California, USA
- 12 17 July 2026 | WCP 2026 | Melbourne / Narrm, Australia









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